

Check in

Aim: to all introduce to ourselves & topic of change

'My name is & my favourite school year has been.....

Overview (why are we here?)

We are going to meet for a class circle every week until the end of term. Remember our rules. Recall the info that we collected previously- ways to stay cool with change.

These circles will help us share, work together & problem solve while having fun. Help us with moving from Year 5- Year 6.

Mix Up: Move places if you....

- Like getting new school uniform
- Like moving to a new classroom
- Like getting new pencils/pens for new school year
- Like idea of being oldest in the school
- Like having new teachers/pupils
- Like idea of being in different working groups in maths or literacy

Look at varied responses- all find some aspect of change a little bit challenging

Main Focus

To understand & recognise that we can all find changes difficult to cope with.

To share that changes can affect our feelings & behaviours.

What can we learn from each other & how can we help ourselves to cope better with changes?

Things we are looking forward to in Year 6	Things we are worried about in Year 6
<i>Possible answers?</i> Special jobs Head of school Special privileges? Special treats/trips?	<i>Possible answers?</i> SATS New teachers- don't know who we will have Harder work End of primary? Don't know what will have to do?

Point out importance of growth mindset & positive focus- chosen 4 leaders in class who have shown this to help in the group activity.

- Isaac
- George
- Sam W?
- Brandon

Put in 4 groups- - discuss same questions & record responses:

Share results

How are we the same?

How are we different?

What could we do to help 'stay cool'? Look at list- can we highlight things we can do straightaway? Things we could plan for?

Ask for examples of people's plans for coping

Check out

If you could arrive to school on first day in September in anything what would you arrive on?

