

Check in

Aim: to all introduce to ourselves & topic of change

'My name is & I am looking forward to in year 6.

Overview (why are we here?)

We are going to meet for a class circle every week until the end of term.

These circles will help us share, work together & problem solve while having fun. Help us with moving from Year 5- Year 6.

Remember our rules.

Recall the info that we collected previously- ways to stay cool with change & looking at our concerns around the change into Year 6.

Recall the work on trust- will be important today so we can share our feelings comfortably & help support each other.

This week we are going to focus on how we feel about our classes & moving into Year 6

Mix Up: Move places if you ..

You were surprised to be in 2 different classes next year

You enjoyed your swap over session

You have spoken to a friend about moving into Year 6

You have spoken to someone in your family about moving into Year 6

You are with a friend next year

Main Focus

To understand & recognise that we can all find changes difficult to cope with.

To share that changes can affect our feelings & behaviours.

What can we learn from each other & how can we help ourselves to cope better with changes?

Scale how we are feeling

We are going to sit in groups & chat about how we feel about next year- come up with 2 stars (things we are excited about) & a wish (a wish we'd like to feel better about-with a solution?) to share with rest of class

Play a session of Pass the squeeze- to remind each other the importance of trust

Group with number- adult to lead discussion in groups

Each group feedback the '2 stars & a wish'

Check out

Playing out or playing in

